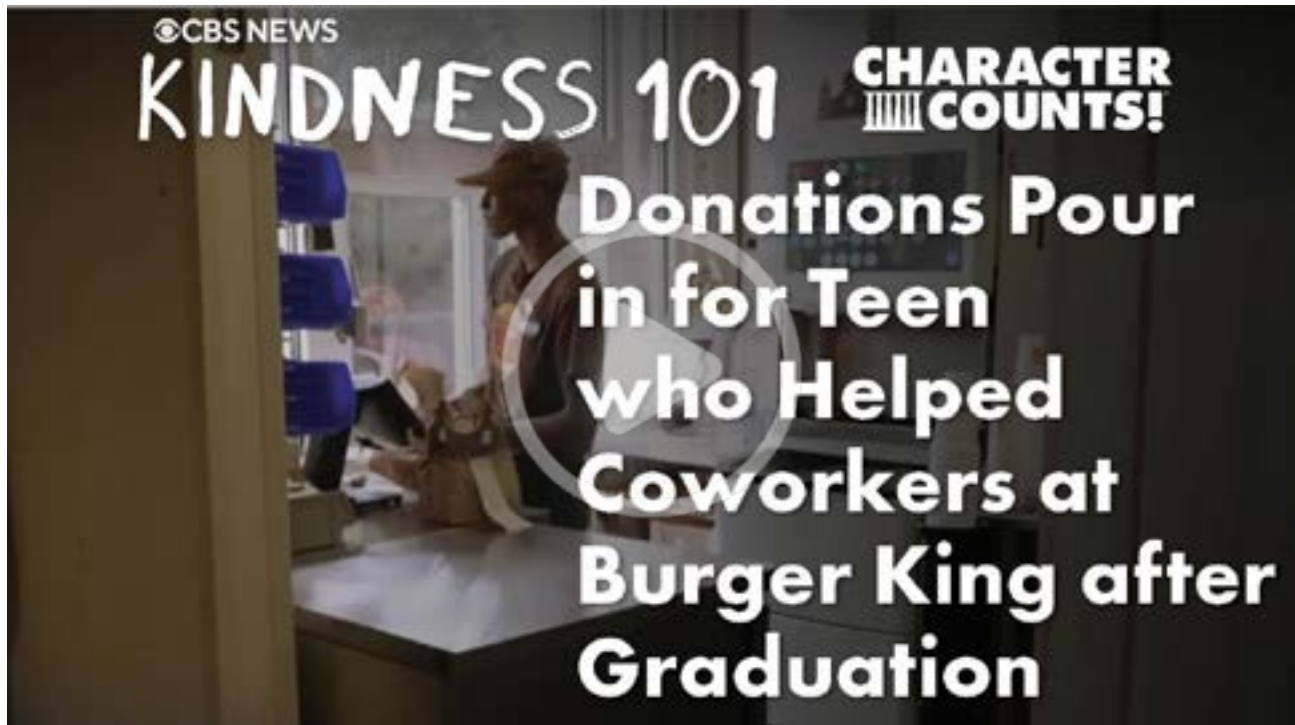


Family Connection



Reliability

Watch

Watch the [video](https://youtu.be/vK9ACaT2oBY) together (https://youtu.be/vK9ACaT2oBY).

Discuss

Use these questions to start meaningful conversations about reliability.

- Who is someone in our family that we can always count on?
- How do family members show reliability every day?
- Why is trust important within a family?

Activity

- As a family, create a “Count On Me” chart.
- Each family member writes down one responsibility they will consistently complete for the next week.
- At the end of the week, discuss how following through on those responsibilities helped the family and strengthened trust.