

Family Connection



Dedication

Watch

Watch the [video](https://youtu.be/4PACrijnlY0) together (https://youtu.be/4PACrijnlY0).

Discuss

Use these questions to start meaningful conversations about dedication.

- Who in our family regularly goes above and beyond for others?
- Why do people choose to help even when it requires extra effort?
- How can we help others while still taking care of our own responsibilities?

Activity

- As a family, identify one person or group that could use extra support this week. Examples might include a neighbor, family member, teacher, or community organization.
- Work together to complete one act of service that goes beyond what is normally expected.
- After you complete the act of service, discuss:
 - How did it feel to help?
 - What effort was required?
 - How did working together make the task easier?