

Family Connection



Belonging

Watch

Watch the [video](https://youtu.be/NBf3aqrIHeM) together (https://youtu.be/NBf3aqrIHeM).

Discuss

Use these questions to start meaningful conversations about belonging.

- What helps people feel like they belong in a family?
- Have you ever felt left out? What helped you feel included?
- Why is it important for everyone's ideas and opinions to be heard?

Activity

- As a family, plan an imaginary invention or service that would help your community. Make sure:
 - Every family member contributes at least one idea.
 - Every person has a role in developing the idea.
 - Every family member participates in sharing the final concept.
- Afterward, discuss:
 - How did it feel when everyone contributed?
 - What ideas might have been missed if someone had remained silent?
 - How did each person's participation improve the project?
- Conclude by reflecting on how belonging grows when everyone feels valued, heard, and important.