

Family Connection



Selflessness

Watch

Watch the [video](https://youtu.be/uxjQWRY4j_Y) together (https://youtu.be/uxjQWRY4j_Y).

Discuss

Use these questions to start meaningful conversations about selflessness.

- How does this story inspire you? How can you act on that feeling of inspiration?
- Imagine that a family member is having a hard time and needs some support with their chores.
- How can you manage your responsibilities (including outside of the house) and support your family?
- Do these moments strengthen your family or cause frustration?