

KINDNESS 101

Family Connection



Love

Watch

Watch the [video](https://youtu.be/AbaQsu0IYVI) together (https://youtu.be/AbaQsu0IYVI).

Discuss

Use these questions to start meaningful conversations about love.

- In what ways did you see love displayed in the video?
- How do you like to receive love?
- How can we show each other love and care more often?