

## Family Connection



### Everyday Heroes

#### Watch

Watch the [video](https://youtu.be/UJKnJG6PYc) together (https://youtu.be/UJKnJG6PYc).

#### Discuss

Use these questions to start meaningful conversations about everyday heroes.

- What qualities or characteristics make people heroic?
- Does anyone have the power to be a hero? How?

#### Activity

- Reflect on your family history and share stories of relatives who you consider to be heroes.