



Family Connection



Inclusion

Watch

Watch the video together (https://youtu.be/2orOzspJqkM).

Discuss

Use these questions to start meaningful conversations about inclusion.

- Share about times when each member of the family has felt lonely.
- What are ways we can help each other feel more connected and included?
- Why is it important to feel connected to your community?

Activity

- Plan an inclusion-focused activity as a family, such as hosting a neighbor for dinner, having a neighborhood potluck, or inviting someone new to join a family outing.
- Discuss the experience afterward and reflect on making others feel welcome and valued.