

Family Connection



Patience

Watch

Watch the [video](https://youtu.be/WdK8E3plycg) together (https://youtu.be/WdK8E3plycg).

Discuss

Use these questions to start meaningful conversations about patience.

- What can we learn from the teenagers in the video?
- What is challenging about showing patience, especially when we want something or are excited?
- Describe a situation where you saw someone being patient. How did their patience make a difference or help others?

Activity

- Put together a puzzle as a family.
- To increase the focus on patience, separate all the colors before you put any pieces together.