

Family Connection



Empathy

Watch

Watch the [video](https://youtu.be/tuVq0xHy5xM) together (<https://youtu.be/tuVq0xHy5xM>).

Discuss

Use these questions to start meaningful conversations about empathy.

- In what ways does your family show empathy?
- What makes you feel like your family empathizes with you?
- How can we show empathy as a family in our community?

Activity

- Volunteer at a local shelter.
- Donate food and clothing.
- Write letters of gratitude to those who serve the community (hospital staff, firefighters, policemen, military personnel, teachers, etc.).
- Organize a neighborhood cleanup.