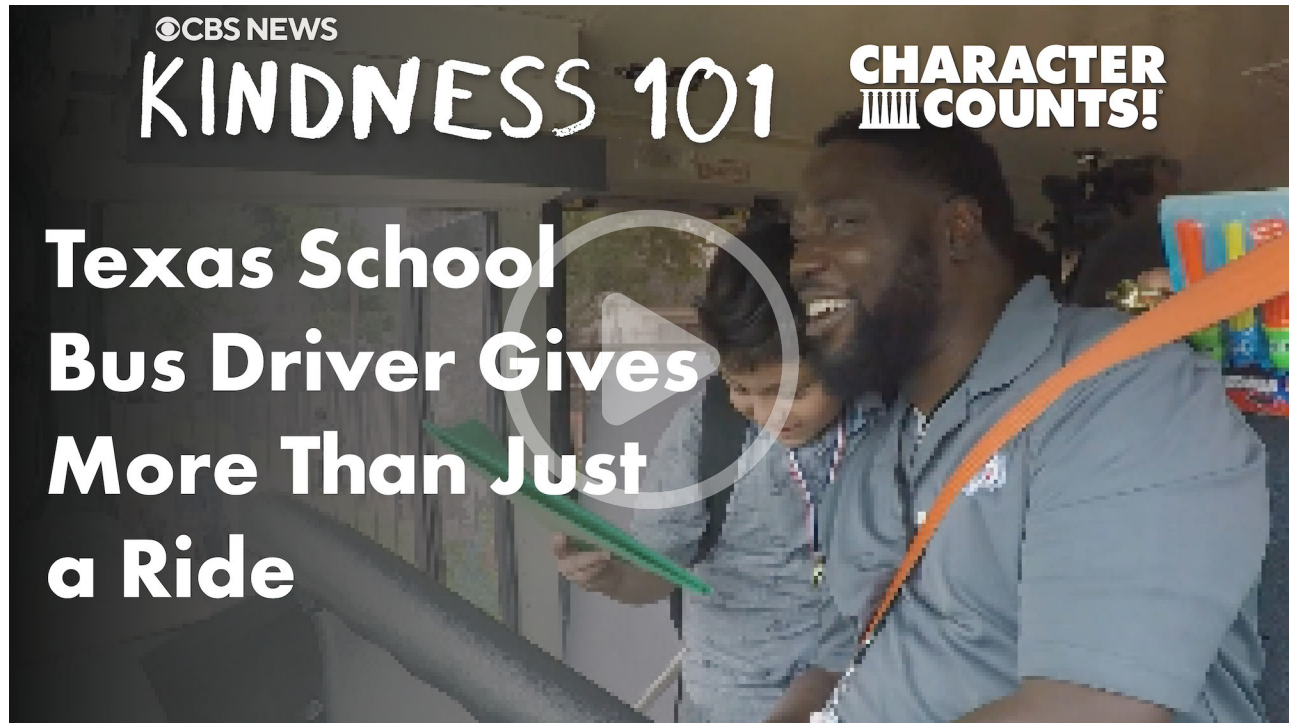


Family Connection



Enthusiasm

Watch

Watch the [video](https://youtu.be/rBpqVm3srxo) together (https://youtu.be/rBpqVm3srxo).

Discuss

Use these questions to start meaningful conversations about enthusiasm.

- How would the world be different if everyone had enthusiasm for their work like Curtis Jenkins?
- How can we help each other be more enthusiastic in our work, school, and activities?

Activity

Play "Chores with Enthusiasm".

- Each person selects a chore in the house (washing dishes, taking out the trash, feeding animals, etc.). While completing the chore, set a timer and see if you can complete all the chores well in the allotted time (to build excitement).
- Each person must do the chore while, Smiling, shouting or singing the steps you are taking aloud, giving a round of applause or dancing when they are finished.
- As a family, discuss:
 - How did doing the chore enthusiastically change the way you felt about it?
 - Do you think you perform a task better or worse when you are enthusiastic about it?