



# **Family Connection**



# **Altruism**

#### Watch

Watch the <u>video</u> together (https://youtu.be/ffdt2hqlxK4).

## **Discuss**

Use these questions to start meaningful conversations about altruism.

- Why did Galveston honor Allen?
- Who is one of the most generous people you know and why?
- How can we show altruism to one another in this family?

### **Activity**

- Bake some cookies or write a card for someone in your family or community who has a generous heart.
- Deliver the cookies or card to them and let them know how their altruism has impacted your lives.