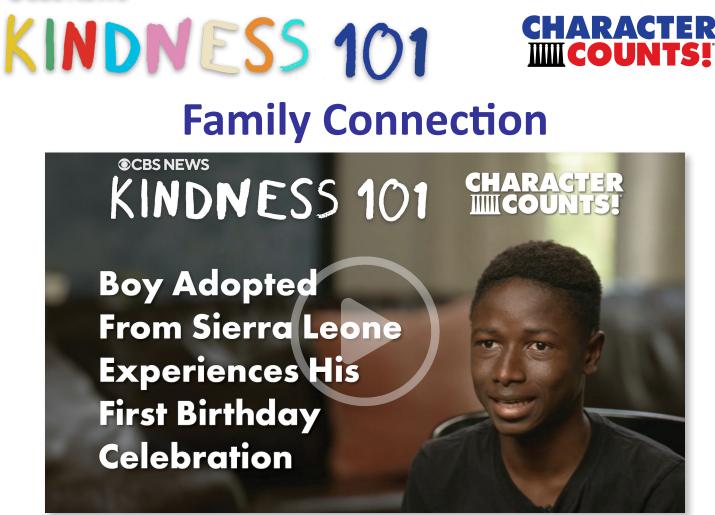
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# Gratitude

### Watch

Watch the video together (https://youtu.be/-zAFoeSr7hQ).

### Discuss

Use these questions to start meaningful conversations about gratitude.

- Abraham and James are grateful to have a family and to celebrate their birthdays. What are some things that we are thankful for as a family?
- How can we be better at showing gratitude as a family?
- What are some of the little things that you are grateful for?

### Activity

Create a gratitude collage.

• Gather items or pictures from online to print or magazines that you can cut out that show the things you and your family are grateful for. Create a collage to hang up.