

## Family Connection



### Gratitude

#### Watch

Watch the [video](https://youtu.be/-zAFoeSr7hQ) together (https://youtu.be/-zAFoeSr7hQ).

#### Discuss

Use these questions to start meaningful conversations about gratitude.

- Abraham and James are grateful to have a family and to celebrate their birthdays. What are some things that we are thankful for as a family?
- How can we be better at showing gratitude as a family?
- What are some of the little things that you are grateful for?

#### Activity

Create a gratitude collage.

- Gather items or pictures from online to print or magazines that you can cut out that show the things you and your family are grateful for. Create a collage to hang up.