

Family Connection



Sportsmanship

Watch

Watch the [video](https://youtu.be/uo5phvYNKqo) together (https://youtu.be/uo5phvYNKqo).

Discuss

Use this question to start meaningful conversations about sportsmanship.

- What does good sportsmanship look like to you?

Activity

- Play “Horse” as a family.
 - Each player takes turns shooting the basketball from anywhere on the court.
 - The player who starts (the “shooter”) chooses a spot on the court to shoot.
 - If the shooter makes the basket, all other players must attempt the same shot from the same spot.
 - If a player misses the basket they attempted to mimic, they receive a letter, starting with ‘H.’
 - The game continues with the next player in line taking their turn to shoot from a different spot on the court.
- How to score:
 - Each time players fail to match a successful shot, they receive a letter (starting with ‘H’).

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- The letters spell out “H-O-R-S-E”.
- Once a player accumulates all the letters to spell “HORSE,” they are out of the game.
- How to win:
- The last player remaining without spelling out “HORSE” wins the game.
- How to cheer:
 - Players eliminated can continue to cheer on the remaining players until a winner is determined.
 - Practice good sportsmanship and call out those behaviors when you see them in the game.
- Optional Rules:
 - Players can agree on additional rules or variations, such as allowing trick shots, setting boundaries on where shots can be taken from, or imposing time limits on shot attempts. These rules can add variety and excitement to the game.
 - For a shorter game, spell out “P-I-G.”
- After the game, talk about how your family demonstrated good sportsmanship.

If you do not have a basketball hoop near you, use a trashcan and some wadded paper balls to play in the house.