

Family Connection



Self-Improvement

Watch

Watch the [video](https://youtu.be/FGZgxML3wfY) together (https://youtu.be/FGZgxML3wfY).

Discuss

Use these questions to start meaningful conversations about self-improvement.

- What traits or qualities does Ed display in his story?
- What is a goal you have for your life?
 - What steps are you taking to make that goal a reality?

Activity

- Start a family read-aloud and take turns reading it for 15 minutes daily.
- After finishing the book, talk about the importance of working on your strengths. Can you improve something you are already good at? Why or why not?