

KINDNESS 101

Family Connection



Trustworthiness

Watch

Watch the [video](https://youtu.be/_uhHxe5r94A) together (https://youtu.be/_uhHxe5r94A).

Discuss

Use these questions to start meaningful conversations about trust.

- How did Damien’s story in the video make you feel?
- How could you tell Damien trusted Mr. Lanning?
- Who do you trust outside of the family unit? How do you know you can trust them?

Activity

- Make a list of ways that each household member can demonstrate trustworthiness ([Use the Caught Being Trustworthy Chart](#)).
- When you see someone trustworthy, put a star or sticker next to their name.

We can be trustworthy by:	Anita	Carly	Benny	Dad	Amir
Taking out the trash.	★	★			★
Be on time to school or work.		★	★	★	★