

RULES OF AN ACTIVE CONSCIENCE

What NOT to do to keep your conscience as a guide for your integrity.

- » **Don't distort.**
Don't exaggerate or blow things out of proportion.
- » **Don't create an enemy.**
Don't avoid the truth by finding or creating an enemy to fight against.
- » **Don't play the victim.**
Don't rationalize to convince self or others that I/we are really the victim.
- » **Don't fan the flames.**
Don't get self/others fired-up so that emotion clouds reason.
- » **Don't be a gamer.**
Don't try to convince self/others that it isn't wrong, "just how the game is played."

