

Josephson Institute of Ethics
Workshops & Trainings
2019

One-Day Trainings and/or Professional Development Topics:

1. **Introduction to CHARACTER COUNTS!®** – Making a commitment to integrate character education into its structure is very positive step in the right direction for any school or school district. This introductory workshop will use instructional strategies that can be replicated in the classroom and offers resources, tools, and practices to make character an integral part of school life. The concepts discussed will be The Six Pillars of Character™, decision making strategies that include Best Possible Results and the stakeholder’s approach, TEAM as our dynamic driving strategy, positive school or organizational climate, behavior change theory, growth mindset, research-based instructional strategies, and many fun, and hands-on learning methods and experiences.
2. **Integrating CHARACTER COUNTS!® Through Your Academic Curriculum** – Many schools are interested in how **CHARACTER COUNTS!™** can be integrated intentionally into academics. This workshop will give schools the specific tools needed for academic and character education integration. Using the Six Pillars of Character™, the Six Life Skills from Academics, and Social Emotional Learning, participants will focus on strategies to effectively weave the desired skills into all aspects of learning to promote a positive school environment.
3. **Combatting Bullying by Creating a Culture of Kindness – CHARACTER COUNTS!®** does not characterize this workshop as an anti-bullying program. Rather, this workshop will share specific strategies schools can implement to create a “Culture of Kindness.” Participants will interactively consider the uniform definition and the core elements of bullying to include the two types and the four modes of bullying. They will consider other aspects of bullying such as cyberbullying and hazing. They will discuss the differences between teasing, taunting and harassment. The workshop will offer specific techniques for creating a Culture of Kindness and what strategies work with youth who bully. Also examined will be the connection between bullying and suicide.
4. **Building a Positive School Climate That's Awesome** – Most administrators, parents and community members yearn to have a school where kids want to go to learn and teachers desire to go to teach. This workshop will explore how **CHARACTER COUNTS!®** can help schools to maintain a positive school climate. Participants will be immersed in explicit activities and strategies that encourage and sustain a learning environment that will promote respectful, trusting, and caring relationships throughout the school.
5. **Dealing with Attention Disorder and Similar Challenges** – Participants will discuss what are the three types and the ten myths of ADHD. They will interactively learn about fidgets and together demonstrate their calming and

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focus effects. They will be introduced to Sensory Processing Disorder the concept of self-regulation. They will examine the different kinds of fidgets: Current research, when to use, and the “Expectations” or “How to Use **Fidgets**” Also, participants will learn other classroom strategies for the “fidgety” youth. The workshop will include an introduction to CBT, REBT, relaxation and stress relief techniques, and signs of violence both at home and at school.

6. **Managing Behaviors of At-Risk Youth and their Parents** – The workshop will teach, during an interactive session, the nation’s best practices for working with at-risk youth. Participants will learn how **CHARACTER COUNTS!**® methodologies coincide with Cognitive Behavioral Therapeutic Strategies and other strategies such as the learning modalities, experiential and service learning, collaborative learning, mentoring and coaching, journaling, change theory, utilization of quotes, utilization of art and drama therapeutic methods, the use of fidgets and facilitation. This program will facilitate self-discovery and decision-making that enable youth and their parents to take personal responsibility for their actions, understand the importance of character and internalize their actions have consequences. Workshop will teach specific strategies for engaging at-risk youth’s parents such as encouraging school and community involvement and promoting caring and sustainable relationships.
7. **Using Video Clips or Other Social Media While Teaching** – This workshop will teach the use of approved video clips, media, music, as components of active learning. The training will illustrate how these tools will assist with retention of knowledge, motivation of interest and relevance of concept. It will examine how they motivate discussions. This session will incorporate common mistakes to be avoided when teaching using social media and videos to youth while applying key principles related to digital citizenship.
8. **Instilling Self-Confidence and Building Resilience** – This workshop will relate how instilling confidence in youth and resiliency are connected. Participants will learn other specific strategies to build self-esteem and self-confidence in youth. They will differentiate between grit and resilience; key resiliency concepts are discussed. Participants will learn how optimism is intertwined within resilience and distinguish between a fixed and growth mindset using **CHARACTER COUNTS!**® terminology of "Locks and Keys. They will also attributes of positivity, gratitude and specific strategies to increase resiliency.
9. **Creating a Professional Learning Environment for Teachers** – In this workshop participants will explore proven strategies for building a productive and positive professional learning environment for educators by engaging in the five fundamental practices of building classrooms of character. In addition, the school will receive specific resources that will be delivered on a regular and systemic basis for up to a full school year.

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10. **The TEAM Method of Teaching Character** – CHARACTER COUNTS!® uses the acronym TEAM to describe the process to effectively integrate the desired values and skills into the life of the school. In this workshop participants will be given practical strategies to: **T** – Teach **E** – Enforce **A** – Advocate and **M** – Model character. When a school has the resources and support to **TEAM** character, positive change genuinely begins to occur.
11. **A Positive Learning Framework for Classroom Management** – Our commitment to the “growth mindset” and the notion that “you don’t have to be sick to get better” has led **CHARACTER COUNTS!®** to identify specific strategies and techniques that will provide every teacher with the tools to improve the management of their classroom. This workshop will help educators to increase the effectiveness of their teaching with engaged classroom management strategies. Emphasis will also be placed on the importance of relationships, as we know teachers have to connect with students before they can correct.
12. **Getting the Most and Best from Parents** – At **CHARACTER COUNTS!®** we believe parents are a child’s first and foremost character educator. We understand just how important it is for schools to be able to work more collaboratively with parents in raising children. This workshop will give educators tools to gain parent’s support toward the school’s efforts to promote good character. It will also include successful engagement activities and strategies on how to deal with challenging parents.
13. **Applying Growth Mindset in Your School** – There is no doubt many teachers and educators have learned about the importance of applying “Growth Mindset” in the classroom. Often, mindset theory and how it can be applied in the classroom is poorly articulated. In this workshop, clear methods and explanations using practical steps will be used. Concrete and easily understood methods such as **CHARACTER COUNTS!®** “Locks and Keys” terminology, videos clips, children’s books and other examples of classroom techniques will be illustrated and/or discussed.
14. **Integrated Approach to Teaching Responsible Citizenship** – This workshop will teach participants to communicate the idea that students should strive to become active participants in their home, school, community and world, but should also strive to become empathetic members of their society where they are actively involved in helping others. The workshop will open discussions on student’s understanding, accepting and tolerating all differences, taking responsibility for their actions, having a willingness to live in a non-violent manner, being sensitive to and defending human rights, thinking in a critical manner and protecting the environment. This will include some components of digital citizenship.

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- 15. Pursuing Victory with Honor** – This workshop will teach physical educators, coaches, and teachers/mentors how to teach character to students through athletics. The workshop is not only intended to guide educators regarding teaching the students to become role models and learning to behave in an exemplary manner while participating in sports, but also to start a revitalization of ethical standards for how the school faculty, administrators, community members and parents also conduct themselves during school sports events.

All of our workshops can be presented in two formats:

- Full-day (up to 6 hours, at the discretion of the client) or half day

Our topics (or other topics, if in our area of expertise) may be more specifically custom crafted or designed to meet your school's individual or distinct needs.

Would you like more information or to speak to a customer service representative?

Call 310-846-4800 or email us at customerservice@charactercounts.org