

Key Beliefs/Lock Beliefs

KEY BELIEFS: Positive values, beliefs, and attitudes that unlock potential and open doors to success, personal growth, and fulfillment.

LOCK BELIEFS: Negative values, beliefs, and attitudes that limit potential, impede achievement, and prevent personal growth and fulfillment.

How values are taught:

Teaching: Direct instruction and advocacy regarding what is right, desirable and effective

Modeling: Lived examples of desirable values. Students adopt attitudes and beliefs of others (that is, role models)

Habituation: Inducing repeated conduct in order to form habits and automatic patterns of thinking and being.

When we teach children to be kind, honest, or fair as a way of getting what they want, we are teaching them a strategy, not a character trait.

Activity:

Are these keys or locks? Why?

- Everyone lies, it's no big deal.
- I'd rather get a failing grade than cheat.
- No one really cares whether I do my homework.
- I like to help out other kids when I can.
- I know I'll make better money and have more choices if I get a college education.
- A high school diploma ain't worth nothin'.
- I don't like studying, but I know I will do better if I do.
- If someone treats me with disrespect, they will be sorry.
- I can control my temper if I want to.
- There's no limit to what I can do if I put my mind to it.
- I'd rather not try than deal with the embarrassment of failure.
- I believe in treating others the way they treat me.
- The more I plan, the more I succeed.
- I believe in the Golden Rule: "He who has the gold rules."

List three keys and three locks for the young people you've worked with.

