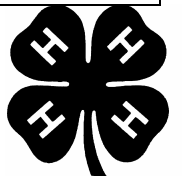


**EXERCISING CHARACTER
OVERVIEW
TEENAGERS**

PILLAR	OBJECTIVE	ACTIVITY	LOUISIANA CONTENT STANDARDS BENCHMARKS
TRUSTWORTHINESS	Participants will demonstrate understanding of four dimensions of trustworthiness-- honesty, integrity, promise-keeping and loyalty.	Participants present a skit featuring a mother, her daughter and four voices of the daughter’s conscience. Form groups and list possible actions to demonstrate four components of trustworthiness.	<u>C-1D-H3</u> Discussing issues involving the rights and responsibilities of individuals in American society <u>ELA-4-H6</u> Participating in a variety of roles in group discussion <u>AP-2TH-H5</u> Constructing social and personal meaning from formal and informal production
RESPECT	Participants will list ways they would like to be respected and ways they can show respect to others.	Students line up in assigned groups, etc. to recognize unique traits and then common traits among members of their group. Together they list “Ways to Show Respect, Ways We Want to be Shown Respect.”	<u>ELA-4-H6</u> Participating in a variety of roles in group discussion <u>ELA -2-M6</u> Writing as a response to texts and life experiences (e.g., letters, journals and lists) <u>CA-4 Th- M5</u> Relating social meanings inherent in performances to societal issues
RESPONSIBILITY	Participants will use aspects of Responsibility–accountability, self-restraint, excellence–as they list ways they can apply them at home, at work, at school or in the community.	Form groups to act as “gears” working together. Role-play with prepared skits. List ways they will practice the three aspects.	<u>C-1D-H2</u> Identifying the rights and responsibilities of citizens and explaining their importance to the individual and to society <u>CE-1Th-H3</u> Demonstrating effective use of physical and vocal techniques while developing roles in group performance <u>AP-2TH-H5</u> Constructing social and personal meaning from formal and informal production
FAIRNESS	Participants will list factors in dealing fairly with others and describe personal or school situations where these factors apply.	Tower-building contest at established work stations. List ways to show fairness at home.	<u>C-1D-H4</u> Analyzing and evaluating the importance of political leadership, public service, and a knowledgeable citizenry to American constitutional democracy <u>ELA-4-H6</u> Participating in a variety of roles in group discussion <u>6-4-M</u> constructing two and three-dimensional models
CARING	Participants will experience and discuss exclusion, discuss aspects of caring and list ways to recognize good in others.	“Musical Groups”(similar to “Musical Chairs”) to illustrate exclusion. Use “Koosh” ball in a circle to identify difficult-to-like people; use ball again and tell ways they will show caring.	<u>ELA-4-H6</u> Participating in a variety of roles in group discussion <u>CE-1VA-H2</u> Applying a variety of media techniques, technologies and processes for visual expression and communication
CITIZENSHIP	Participants will review and discuss basic components of good citizenship.	“Knot Activity” (circle of people “tangle;” two people untangle them). Board game “Citizenship for the Long Run.” Write commitments to be caring.	<u>ELA-4-H6</u> Participating in a variety of roles in group discussion <u>AP-2Th-H3</u> Selecting and practicing physical attributes and movement qualities that enhance characterization and interpret psychological motivation <u>ELA-4-M2</u> Giving and following directions/procedures



TEENAGERS

*DECISION MAKING	Participants will be aware of ethics as a code for behavior and will practice the skill of ethical decision making.	Match partners by names of our country's decision makers and the decisions they made, newspaper search, and a decision making triathlon.	<u>C-1D-H2</u> identifying the rights and responsibilities of citizens and explaining their importance to the individual and to society <u>ELA-5-H1</u> recognizing and using organizational features of printed text, other media, and electronic information <u>ELA-4-H6</u> participating in a variety of roles in group discussion
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*Decision Making is not one of the Six Pillars of Character, but is included in kit to provide a lesson that requires the recall of concepts found in the Six Pillars.

Note: At the conclusion of each lesson, students are asked to apply the concepts to real life situations and to commit to applying the concept in their daily activities.

CHARACTER COUNTS! and the Six Pillars of Character are service marks of the CHARACTER COUNTS! Coalition, a project of the Josephson Institute of Ethics.

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