

**EXERCISING CHARACTER  
OVERVIEW  
4-TO-6-YEAR-OLDS**

LESSON	OBJECTIVE	ACTIVITY SUMMARY	LOUISIANA CONTENT STANDARDS BENCHMARKS
<b>TRUSTWORTHINESS</b>	After group discussion and building a “tower of trust,” participants will be able to list behaviors that lead to trust, and the behaviors that cause people to not trust someone.	Discuss building trust–ex. between mother and child. Participants draw a picture of themselves doing something that will build trust, build tower of trust with building blocks and demonstrate how easily it falls.	<u>ELA-7-E2</u> Problem solving by using reasoning skills, life experiences and available information. <u>ELA-4-E2</u> Giving and following directions/procedures <u>C-ID-E2</u> Describing the rights and responsibilities of citizenship in a democratic society ( at home)
<b>RESPECT</b>	Participants will compare respectful and disrespectful behavior by circling what is wrong and coloring what is right in two illustrations.	Participants play “Mother, May I?” game and discuss how they like to be treated. Circle wrong in first picture handout. Color what is right in second picture.	<u>ELA-4-E2</u> Giving and following directions/procedures <u>CE-IVA-E5</u> Working individually and as a group member in a responsible and productive manner.
<b>RESPONSIBILITY</b>	Participants will experience responsibility as they work cooperatively to assemble a puzzle.	Children are given colored puzzle pieces and match color of puzzle pieces they have with color of puzzles placed around the room. Group then plays “responsibility” game/activity.	<u>AP-2Th-E3</u> Exploring actions that express thoughts, feelings, and character <u>CE-IVA-E5</u> Working individually and as a group member in a responsible and productive manner.
<b>FAIRNESS</b>	Participants will understand differences between fair and unfair behavior when they experience an unfair activity	Play “Treating” game with candies. Discuss feelings they have when treated unfairly and feelings they have when others are not treated fairly.	<u>AP-2Th-E2</u> Imitating and responding to ideas, feelings, behaviors, roles and life experiences <u>CE-IVA-E5</u> Working individually and as a group member in a responsible and productive manner.
<b>CARING</b>	Participants will discuss “caring” as an active word, name some examples of ways to care, and make a bird feeder as a reminder to care for people at home.	Discuss caring things they can do at home. Make a wild bird feeder as a reminder of how to show caring at home.	<u>ELA-4-E2</u> Giving and following directions/procedures <u>LS-E-A1</u> Identifying the needs of plants and animals, based on age-appropriate recorded observations
<b>CITIZENSHIP</b>	Participants will see the active role citizens play in making the community a better place to live by creating a model community	Create buildings from boxes; display. Discuss what could happen in these buildings each day. Use paper cutouts to make good citizens. Place figures near buildings where they might work. Create a cheer for citizenship.	<u>C-ID-E4</u> Describing the many ways that citizens can participate in and contribute to their communities and to American society. <u>C-ID-E5</u> Discussing issues related to citizenship and public service



**4 TO 6 YEAR OLDS**

<b>*DECISION-MAKING</b>	Participants will identify stakeholders in relevant decisions. They will identify positive and negative consequences.	Use brown paper lunch bags to make puppets. Pair them up and talk, with the puppets, to each other about how to make good decisions.	<u>ELA-4-E2</u> Giving and following directions/procedures <u>CE-1Th-E4</u> developing story lines for improvisation <u>ELA-4-E4</u> Giving rehearsed and unrehearsed presentations
-------------------------	---	--	---

\*Decision-making is not one of the Six Pillars of Character, but is included to provide a lesson that requires the recall of concepts found in the six pillars.

NOTE: At the conclusion of each lesson, students are asked to apply the concept to real life situations and to commit to applying the concept in their daily activities.

CHARACTER COUNTS! and the Six Pillars of Character are service marks of the CHARACTER COUNTS! Coalition, a project of the Josephson Institute of Ethics.

To access other materials developed by Louisiana 4H, please visit [louisiana4h.org](http://louisiana4h.org).

