

**EXERCISING CHARACTER
OVERVIEW
11-TO 13-YEAR-OLDS**

PILLAR	OBJECTIVE	ACTIVITY	LOUISIANA CONTENT STANDARDS BENCHMARKS
TRUSTWORTHINESS	Participants will experience earning and losing trust.	Partners create a special handshake. Discuss trust between parent and child. Divide into groups of four. Play True Blue Trust Game.	<u>ELA-4-M7</u> participating in a variety of roles in group discussions <u>ELA-5-M4</u> speaking and listening for a variety of audiences and purpose
RESPECT	Participants will practice treating others with respect by turning “put-downs” into “build-ups” and by selecting respectful responses to challenges in a card game.	Dialogue with students about put-downs; they form statements that would make them build-ups. Build ‘Em Up! Card game.	<u>ELA-7-M2</u> problem solving by using reasoning skills, life experiences, and available information <u>ELA-4-M7</u> participating in a variety of roles in group discussions <u>ELA-5-M4</u> speaking and listening for a variety of audiences and purpose <u>AP-2TH-M6</u> interacting spontaneously and flexibly through discussion and scene enactment
RESPONSIBILITY	Participants will assume responsibilities for pizza making and will discuss accountability, self-restraint, and pursuit of excellence.	Divide into groups of four, follow assigned directions and prepare pizza. Pizza-eating discussion of three aspects of responsibility.	<u>ELA-4-M7</u> participating in a variety of roles in group discussions <u>ELA-5-M4</u> speaking and listening for a variety of audiences and purpose <u>EIA-4-M2</u> Giving and following instructions/ procedures
FAIRNESS	Participants will apply fairness “do’s” to four family situations and focus on being fair to others in the family.	Five actors perform family fairness skit; others watch. Divide into 5 groups, answer questions about the presentation, prepare a new script reflecting fair treatment.	<u>ELA-4-M7</u> participating in a variety of roles in group discussions <u>CE-1TH-M4</u> writing scripts for improvisational exercises while exploring dimensions of the dramatic form individually and in groups <u>ELA-4-M7</u> participating in a variety of roles in group discussions
CARING	By making puppets for younger kids, participants will think of being caring in creative, active terms.	Read and discuss funny messages of friendship, love, success as found in autograph books or greeting cards. Create finger puppets, write caring scripts, and present to group.	<u>ELA-2-M6</u> writing as a response to texts and life experiences <u>CE-1VA-M5</u> producing ideas for art productions while engaging in both individual and group activities <u>CE-1TH-M4</u> writing scripts for improvisational exercises while exploring dimensions of the dramatic form individually and in groups



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CITIZENSHIP	Participants will review basic principles of good citizenship by participating in a memory match.	Distribute Activity sheets #1 & #2. Students cut apart each sheet. Play game.	<u>ELA-4-M7</u> Participating in a variety of roles in group discussions <u>C-1D-M5</u> Discussing issues related to citizenship and public service
*DECISION-MAKING	Participants will use Ethics Obstacle Course game as a way of examining their options when making decisions.	Participants share examples of impulsive actions or statements that had negative or embarrassing results. Pairing exercise. Play board game.	<u>ELA-7-M2</u> Problem solving by using reasoning skills, life experiences, and available information <u>AP-2TH-M6</u> Interacting spontaneously and flexibly through discussion and scene enactment <u>AP-2Th-M1</u> Recognizing and discussing individual differences in sensory and emotional perceptions

*Decision-Making is not one of the Six Pillars of Character, but is included in kit to provide a lesson that requires the recall of concepts found in the six pillars.

NOTE: At the conclusion of each lesson activity, students are asked to apply the concept to real life situations and to commit to applying the concept in their daily activities

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