

The Wooden Pledge

I pledge to improve and safeguard my character and to myself be true, being faithful to my convictions in all I say and do.

I will strive to do what's right and let my conscience be my guide knowing my worth is measured by what I am inside.

I'll take on each day enthusiastically and give every task my all; I will not whine, complain or make excuses, even if I fall.

I will live my life with purpose, thinking ahead and having a plan; I will never allow what I can't do interfere with what I can.

I will find opportunity in adversity and do things right the first time through, and never be afraid to change or to try something new.

I will be patient, poised and confident working toward each goal, being sure to govern my emotions and demonstrate self-control.



I will count my blessings daily and be grateful for what I possess, getting joy from moderation and avoiding all excess.

I will work hard and take initiative in order to excel, and I'll make big things happen by doing the little things well.

I will pursue victory with honor, not letting praise or criticism change how I act, and I'll strive to be worthy of pride and emulation, in reputation and in fact.

I will be sincere, honest and loyal, worthy of other's trust; I will be respectful and responsible, doing what I must.

I will always act with fairness and show others how much I care, and I'll be a good citizen and always do my share.

I will live my life with dignity, passion and fun and make each day my masterpiece when all is said and done.



Derived from the writings and philosophy of Coach John Wooden by Michael Josephson