

RESPECT

Aretha Franklin's song "R-E-S-P-E-C-T" has been popular for many years. Ask your parents, grandparents or older neighbors to sing it for you. That song reminds us how we want people to treat us. We all want a chance to be ourselves, make decisions, be accepted and be treated in a polite, decent way, and have a little privacy.

Respectful people give others the information they need to make decisions about their lives.

Respectful people treat others with consideration. They do what is tasteful and proper in dealing with others. They don't stoop to violence, meanness or rudeness.

Respectful people tolerate other people's beliefs and accept individual differences without prejudice. They don't insist that everyone be like them.

Respectful people treat others as they want to be treated. They value others. They build up others. They help other people value themselves.

Respect Do's

- ☺ Treat everyone with respect by being polite.
- ☺ Respect the individuality of others and be accepting of individual differences.
- ☺ Judge people on their merits, not on their race, religion, nationality, age, sex, physical or mental condition, or socio-economic status.

Respect Don'ts

- ☹ Don't insult, abuse, hurt, put down, mistreat or harass others.
- ☹ Don't make unwanted comments about a person's appearance.
- ☹ Don't take advantage of other people.
- ☹ Don't hold back information people need to make decisions.

One verse of Aretha Franklin's song says, "R-E-S-P-E-C-T! You don't know what it means to me!" In this session, you'll learn more about what respect means to you, and what it means to others.



Audience:
Up to 28
9- to 11-year-olds

Time: 45 minutes

Objective: Participants will focus on four factors in respecting others by creating "Respect 911" skits on assigned topics.

What the Instructor Needs to Provide: pencils or pens; paper for worksheets (optional)

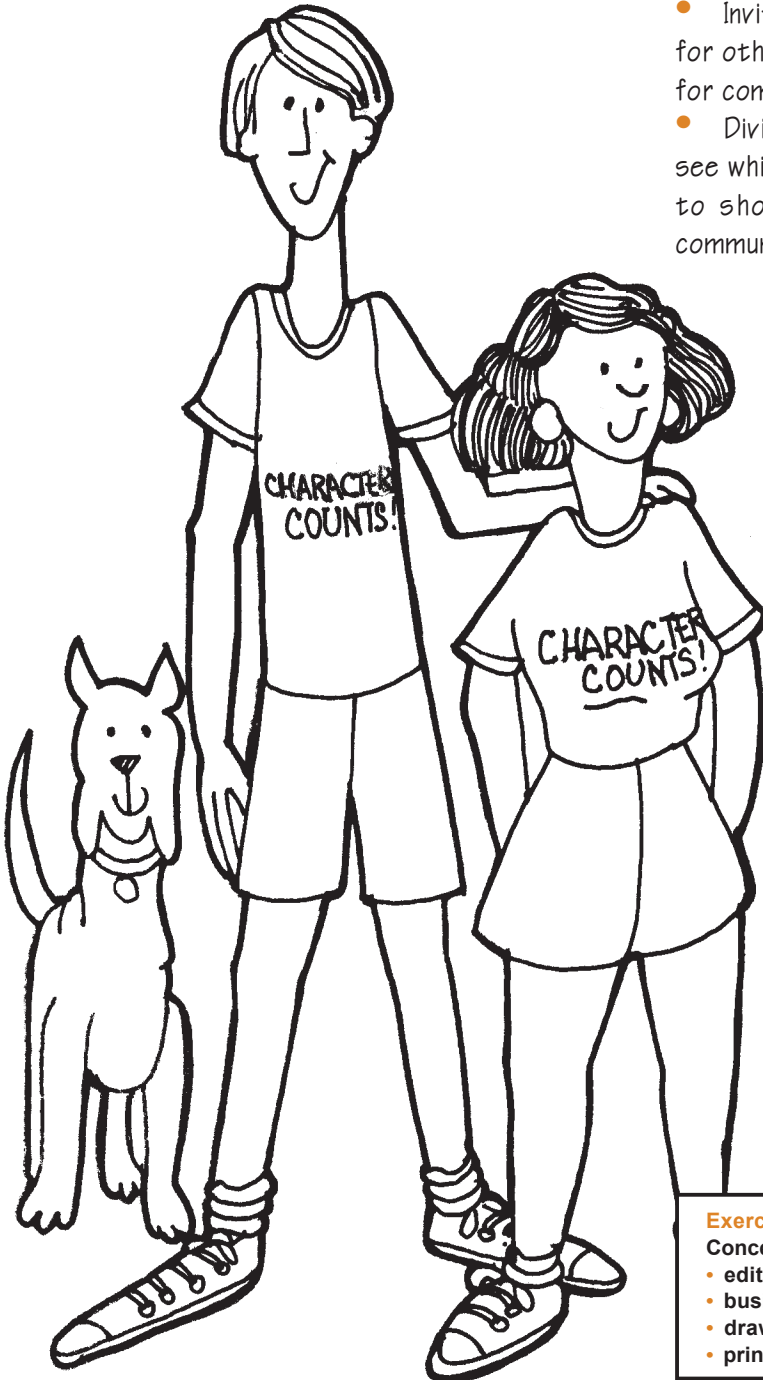
What you say:	What you do or show:	What participants do:	Hints for Trainers:
<p>1 Everyone wants to be treated with respect. That means they want to be accepted, treated as individuals, treated politely, have some privacy and be judged on their merits.</p> <p>People have gotten a little careless with respect lately. We don't always treat others like we want to be treated. Respect needs a rescue! So today we'll develop our own "Respect 911" skits.</p> <p>This part of the class will work for 10 minutes creating a skit around someone needing privacy. . . a little time alone to think. Include a "Respect 911" team that comes to the rescue.</p> <p>This part of the class will have a "Respect 911" team that rescues someone who isn't being treated politely.</p> <p>This part of the class will rescue someone who isn't being accepted because of differences.</p> <p>This part of the class will rescue a student who is being ignored because the "popular" kids don't like him/her.</p> <p>You have 15 minutes to prepare three-minute skits.</p>	<p>Distribute Handout #1. The groups working on skits can use the backs of the handouts as worksheets or you can supply separate work sheets.</p> <p>Divide the class into four roughly equal parts. Point to each quarter section of the class as you make different skit assignments.</p>	<p>They create "Respect 911" skits.</p>	<p>Ideally, each small group should be supervised by an adult or teen who can help facilitate discussion and skit writing.</p> <p>You might consider beginning the session with an audiotape recording of "Rescue 911" TV show.</p>
<p>2 How did you do? Let's see your skits.</p>		<p>They share their skits.</p>	
<p>3 What was easy about showing respect in these cases? What was difficult to do? What did you learn about showing respect to others? What will you do differently this week to be a more respectful person?</p> <p>When you hear a siren, or see "Rescue 911" on television, remember to be part of the "Respect 911" Team! You may not save a life, but you may save someone's sense of worth!</p>			



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Other Ways to Help 9- to 11-Year-Olds Show Respect

- Encourage parents to spot and praise respectful behavior at home.
- Invite a teacher, a mom, a retired person, or a physically challenged person to make panel presentations on ways they have been shown respect and what it meant to them. Follow with a question-and-answer session.
- Invite military officers to talk about respect for others, and to explain how they show respect for commanding officers.
- Divide the group into teams. Have them race to see which team can make the longest list of ways to show respect at home, school and in the community.



Exercising Character

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