

# Summer Activities

**“When things go wrong, don’t go with them.”**

— Elvis Presley, American popular singer (1935-1977)  
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## Overview:

Students will talk about friendships they had when they were younger and what it was that made those friendships valuable to them. By looking at relationships in an objective manner with hindsight, students will be able to learn strategies to say “no” to friends they have now, or will have. Students will role-play scenarios where they demonstrate these strategies.

## Objectives:

- To learn how to say no to friends when you are asked to do something you don’t feel comfortable with.

## Materials:

- Paper and pencils
- Whiteboard
- Worksheet

## Procedure:

1. Ask the group to think of a good friend they had when they were five years younger.
2. Have them write the name on a piece of paper, along with a description of why they considered this person a friend, what they did together, what were both good things and bad things about the friendship, and what the present status of the friendship is.
3. Share some of this information in a class discussion.
4. Divide the students into groups of six. Each group should separate into two groups of three.
5. Each group of three will choose one person to be the official friend of the official friend from the other group.
6. Allow the small groups time to prepare a scenario in which one friend will try to get the other to do something new and good, such as trying a new sport.
7. Next, the group should prepare a scenario in which one friend will try to get the other to do something wrong, such as stealing a candy bar from a store.
8. When the groups are ready, role-play the scenarios with the goal of learning new and different ways to say yes or not to the good and no to the bad.
9. After completing the role playing situations, each group should report to everyone what they learned, what worked in saying no, and how difficult it was to say no.
10. Distribute the worksheet and have the students fill in each column in groups as they discuss the different questions.

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# STAYING IN CHARGE

List Activities friends can do together (include both activities that are safe and fun and activities that are risky)	What is the fun or what is the risk in each activity listed?	How would you be able to avoid taking part in the activities that are too risky or are not fun?